Georgia, and a majority in interest of the Company's outstanding common and preferred shareholders, have duly authorized the Com pany by and through its officers, acting on its behalf, to borrow the sum of Two Million Dollars (\$2,000,000.00) from the Jefferson Standard Life Insurance Company, and, to that end to accomplish the borrowing of such money, to issue and sell to Jefferson Standard Life Insurance Company the Company's 51% serial first mortgage trust bonds (hereinafter sometimes called the "Bonds") in its name as obligations of the Company in substantially the form hereinafter set forth, aggregating such sum of Two Million Dollars (\$2,000,000.00) principal and evidencing said indebtedness, and in its name and on its behalf to execute and deliver this Trust Indenture to the Trustee, herein named, conveying and assigning the property and assets hereinafter described or mentioned to secure the payment of the principal of and the interest (and premium, if any) on the Bonds; and

WHEREAS, the Bonds are to be issued without interest coupons, are to be authenticated by the certificate of the Trustee, and are to bear interest, be payable and be redeemable as hereinafter provided; and

WHEREAS, the Bonds and Trustee's certificate of authentication are to be substantially in the following forms, respectively, with such appropriate insertions, omissions and variations in respect of the form and the terms of the Bonds as may be required or permitted by this Trust Indenture to express the terms and conditions upon which the Bonds are issued:

NO.	\$	80.	,000.	.00
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SOUTHERN BAKERIES COMPANY

A corporation incorporated under the laws of the State of Delaware and having its principal office at Atlanta, Georgia, and its principal place of business in Atlanta, Georgia

58% SERIAL FIRST MORTGAGE TRUST BOND